



Ingham Institute  
Applied Medical Research

# Special Edition 2020 Luncheon Newsletter

**OVER 260 GUESTS FILLED THE ROOM AT LAKESIDE GOLF CLUB CAMDEN ON FEBRUARY 28TH 2020 TO CELEBRATE WOMEN IN SCIENCE AND DONATED OVER \$430,000 FOR MEDICAL RESEARCH PROGRAMS IN SOUTH WEST SYDNEY**



Luncheon Ambassador: Natalie Barr with dancers from Rock the Block Dance and Circus.

## A MESSAGE FROM THE LUNCHEON PATRON & AMBASSADOR

Firstly, we would like to thank everyone who supported our 7th Annual International Women's Day Luncheon. Held in the lead up to International Women's Day, our celebration of Women in Science witnessed the donation of more than \$430,000 to medical research conducted at the Ingham Institute.

Leading the spirit of generosity was an incredible \$300,000 donation from the Vitocco Charitable Foundation. Natalie Barr, newsreader and media personality from Channel 7's Sunrise, returned as Master of Ceremonies for the fourth year running. The Phantom of the Opera theme was officially set by the awe inspiring talent of Dale Burridge, who wowed the audience as he sang the greatest hits from his famous musical. Guests were also treated to comedian Simon Kennedy, who kicked off his performance with an impressive impression of Sunrise's David Koch, much to the amusement of Natalie Barr.

This year, the researcher in focus was Professor Afaf Girgis AM, Director of the Institute's Psycho-oncology research group which focuses on cancer support programs. Professor Girgis spoke about the work of her group in researching the well-being and supportive care of cancer patients and their caregivers. She focused on the groups' Coping Together program which provides communication and coping strategies for the mental, emotional and physiological aspects of the disease as well as their iConquer Fear program, which targets specific concerns in present and post-cancer patients such as cancer reoccurrence.

Our highly anticipated Champagne Stampede had guests lined up to snap their bottle of Bubbles before it commenced - 100 bottles of Moet and Bellini Cipriani sold out in less than 15 minutes. Both winners were very pleased with their prize of \$4000 diamond earrings from Diamond World Fine Jewellery and a \$5000 VIP Racecourse Experience donated by Woppitt Bloodstock.

Also on the day, 24 lucky table prize winners were treated to a beautiful gift pack from The Beauty Base Luxury Spa, and for those that missed out, every guest received a decadent gift of Max Brenner chocolates.

We would like to give a special thank you to all of our Hope, Dove, and Butterfly sponsors as well as our major prize partners, raffle prize donors and each and every one of you who supported this event.

On behalf of the Organising Committee, we thank all of our guests for believing in medical research in transforming the health and well-being for our community.



Lyn Ingham  
Patron



Irene Vitocco  
Ambassador

Because of you, our research continues

# RESEARCH FOCUS: CANCER SUPPORT PROGRAMS



Photo: Professor Afaf Girgis AM, using the PROMPT-Care e-Health platform.

The Institute's cancer research programs extend beyond biology and looking for a cure for the disease.

Our **Psycho-Oncology Group** focuses on cancer patients and their carer's welfare and wellbeing by providing cancer support programs including communication tools for partners and carers. The group is led by **Professor Afaf Girgis AM** who has worked for over 30 years as a Behavioural Scientist in cancer control and psycho-oncology.

**Coping-Together** is an innovative coping skills intervention program designed for patients and their partners, incorporating current, evidence-based strategies for illness self-management and coping. The team also developed a series of booklets and DVDs.

The **PROMPT-Care** (Patient-Reported Outcome Measures for Personalised Treatment and Care) e-health platform empowers people to provide direct feedback on their care to their clinicians in real time, ultimately improving the quality of the care they receive. It captures a patient's symptoms, distress and unmet needs.



# CHAMPAGNE STAMPEDE



Our iconic Champagne Stampede returned to our Annual Luncheon! With only 100 bottles of Bubbles to purchase, it literally created a stampede amongst the 260 strong crowd.

Guests were ready and waiting to purchase 100 bottles of Moët and Bellini Cipriani to win a pair of \$4000 diamond earrings from **Diamond World Fine Jewellery Narellan Town Centre** or a \$5000 VIP Rosehill Racecourse experience from **Woppitt Bloodstock**.

This year, we had an abundance of raffle prizes on offer. Thanks to the generosity of our community and local businesses, guests could win a range of prizes ranging from a priceless Elton John signed frame, \$1000 Anytime Fitness gym memberships, a relaxing getaway in the Kangaroo Valley, skydiving and helicopter adventures, dinners at new, exciting local restaurants, fashion items from CAMILLA and Swarovski, to name a few!

The lucky winner of our silent auction will enjoy a money-can't-buy GAME DAY experience with the Russel Crowes' beloved South Sydney Rabbitohs NRL team.



100% of funds donated will go towards medical research at the Ingham Institute

# THANK YOU TO OUR 2020 LUNCHEON SPONSORS

## HOPE

*Lady (Mary)  
Fairfax Trust*



## DOVE



# THANK YOU TO OUR 2020 LUNCHEON SPONSORS

## BUTTERFLY



20  
21  
SAVE  
*The*  
DATE



## INGHAM INSTITUTE **ANNUAL LUNCHEON**

**12 MARCH 2021**

**SPONSORSHIP PACKAGES - START FROM \$2500 (EARLY BIRD)**

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# THANK YOU TO OUR 2020 EVENT PARTNERS



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*Fine Jewellery*  
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Macarthur Chronicle



# THANK YOU TO OUR 2020 PRIZE PARTNERS

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SWAROVSKI AUSTRALIA PTY LTD

SYDNEY SKYDIVERS

TOWN GROCER,  
NARELLAN TOWN CENTRE

TRACEY ROBERTS & PAUL QUIGG

# RELIVE THE 2020 ANNUAL LUNCHEON WE HOPE TO SEE YOU NEXT YEAR!

Thank you to all of the guests and sponsors who attended and made our Luncheon such an unforgettable event.



Photos courtesy of Hand in Hand Photography – 0459 846 426

Because of you, our research continues



# 2021 INGHAM INSTITUTE LUNCHEON SPONSORSHIP

*Early Bird Packages*

Get in quick to sponsor next year's Luncheon with these special Early Bird prices.

**HURRY! Offer closes 30 October, 2020.**

**BUTTERFLY SPONSORSHIP**

~~\$3000~~  
**\$2500**

**DOVE SPONSORSHIP**

~~\$5000~~  
**\$4000**

**HOPE SPONSORSHIP**

~~\$12,500~~  
**\$10,000**

For further information, contact our Fundraising and Marketing team on 1300 66 55 41 and [events@inghaminstitute.org.au](mailto:events@inghaminstitute.org.au)

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*See you next year!*